entrada

Effortless Trills and Tremolos

PRESENTED BY **FRED KARPOFF**

Essential Components:

I. Understanding of the sound point
II. The Quiet Hand
III. The Vibrato Technique
IV. Rotation
V. Fingers active from large knuckles
VI. Shaping, grouping, and alignment adjustments

Trill Exercises:

- 2-note slur on a single note
- 3 notes
- 5 notes, 7 notes, 9 notes, 17 notes, 25 notes to continuous
- Vibrato exercise

Tremolo Exercises:

- Vibrato motion in eighth notes with Quiet Hand
- Eighths alternating with 16ths; cycling in and out
- Different groupings of vibrato: 3, 4, 6, 8

About Fred Karpoff

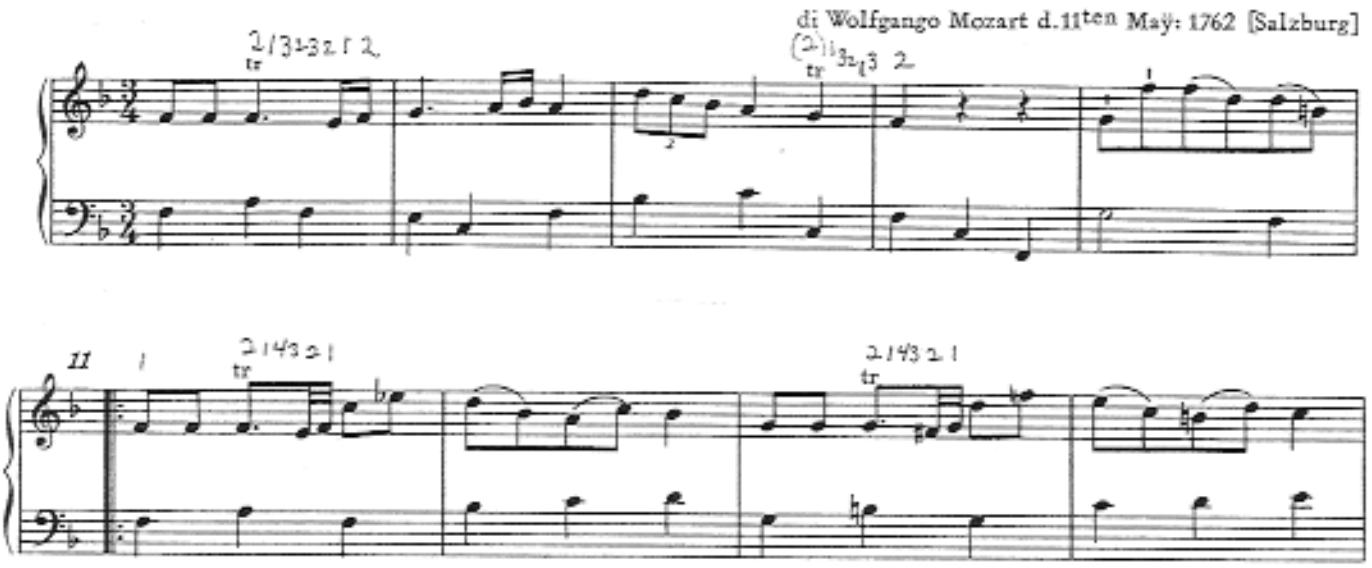
After recovering from a career-threatening injury, Fred Karpoff continues to develop his multi-dimensional approach to piano teaching and technique through a wide range of experience, combining and building upon elements of Tai chi, the Alexander Technique, and the Feldenkrais Method® with the work of many piano pedagogues. He guides teachers and students toward more efficient, healthful, and expressive piano playing as Artistic Producer of Entrada Piano at entradapiano.com.

An international Steinway Artist, Fred studied with Ann Schein, Yoheved Kaplinsky, and Leon Fleisher, and has had extensive coachings with Karl Ulrich Schnabel and Richard Goode. A former USIA Artistic Ambassador, Visiting Professor at the Eastman School of Music, and current Professor of Piano at Syracuse University, he is a recipient of MTNA's Frances Clark Keyboard Pedagogy Award.

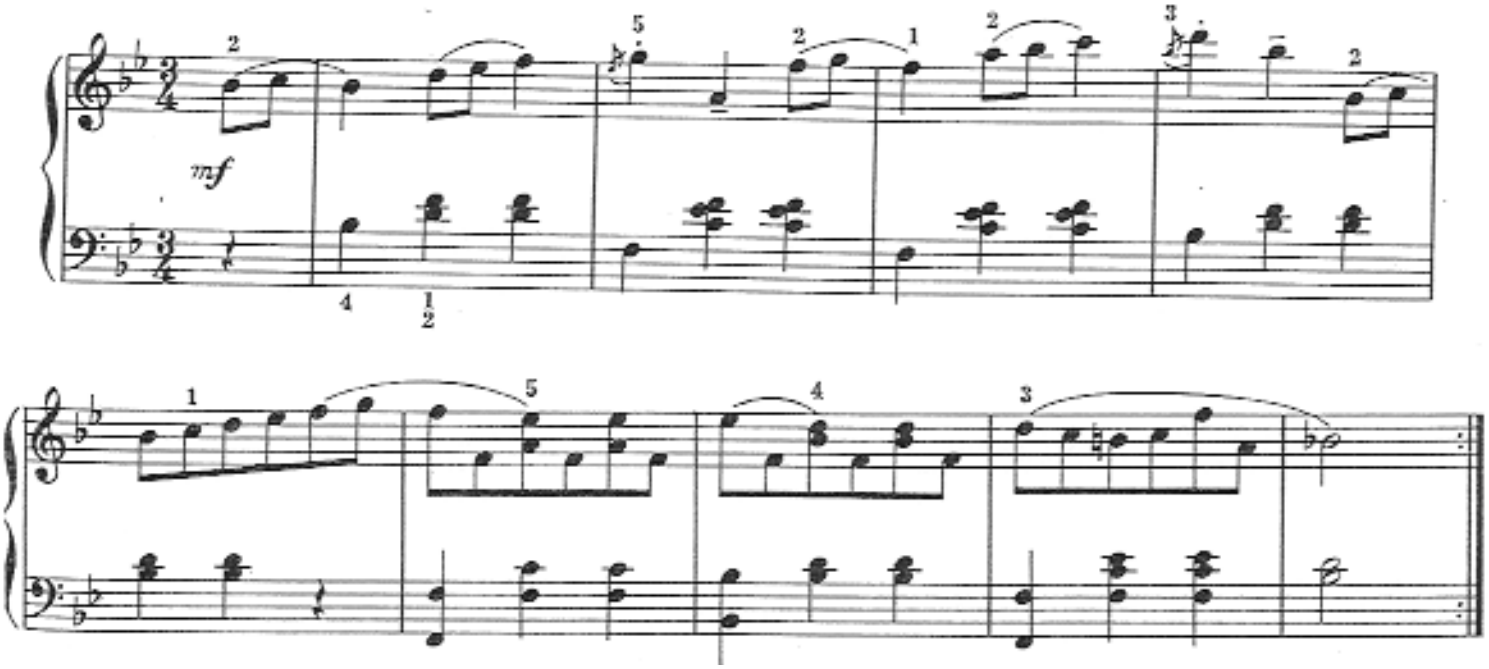
Fred Karpoff

Learn more at **entradapiano.com**

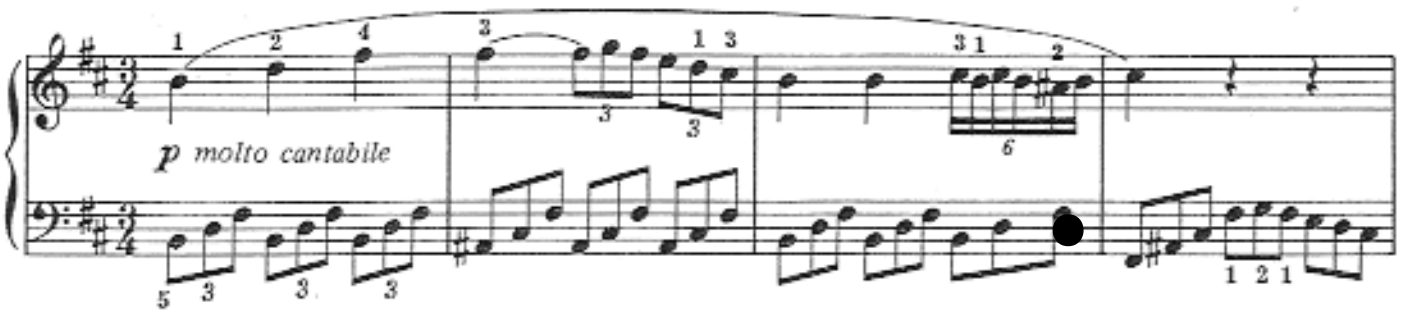
Mozart: Minuet in F, K. 4, mm. 1-5 & 11-14



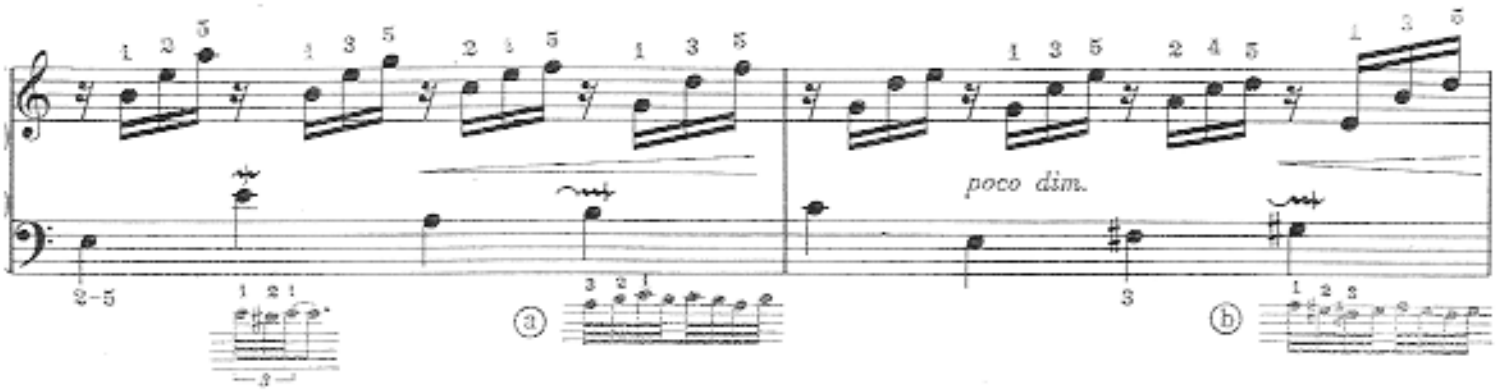
Schubert: Ländler in B-Flat, D. 378 No. 4, mm. 1-4 & 12-16



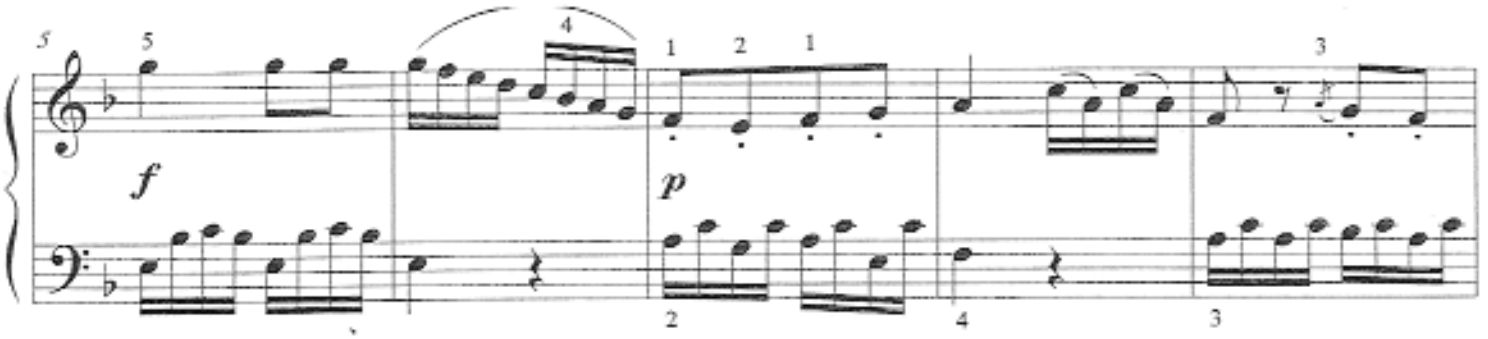
Johann Graeff: Nocturne in B Minor, mm. 1-4



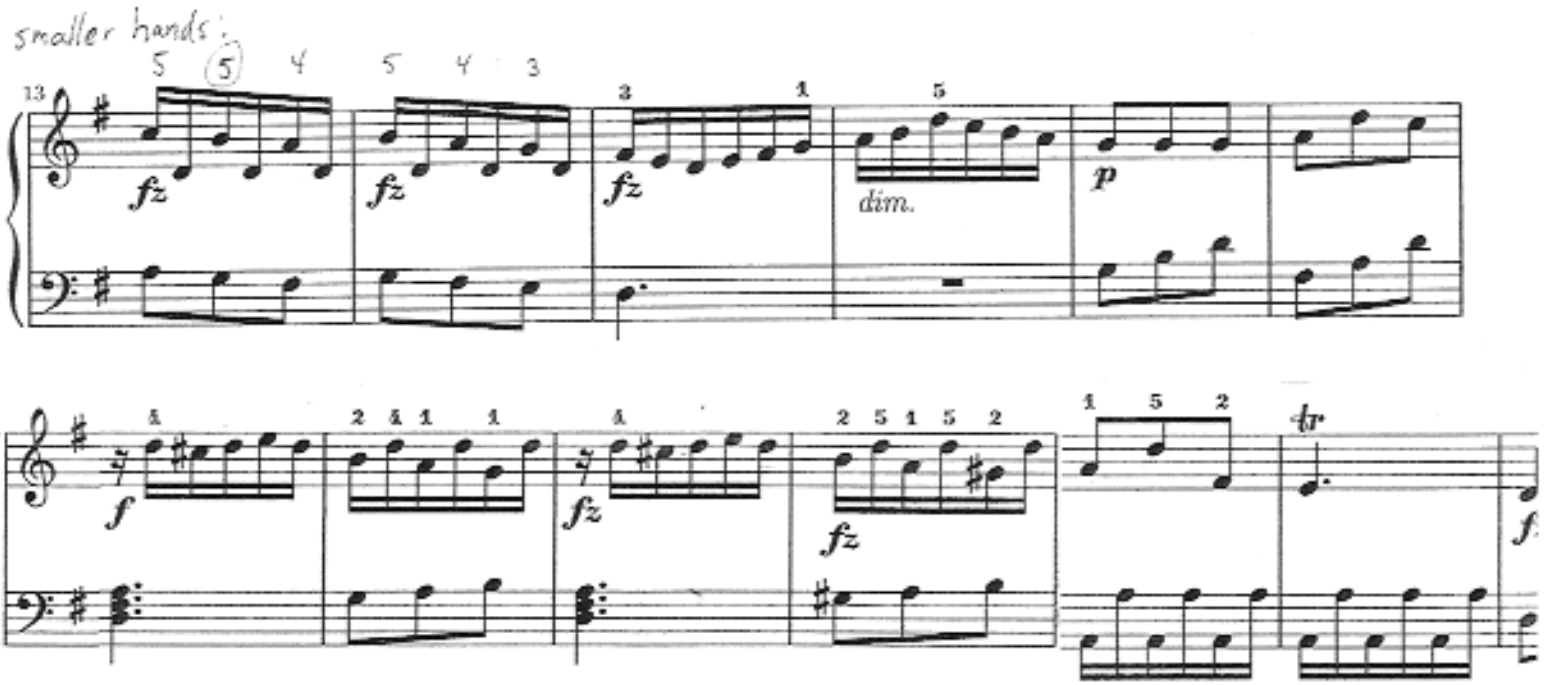
J.S. Bach: Little Prelude No. 1 in C, BWV 924, mm. 3-4--Alfred, ed W. Palmer



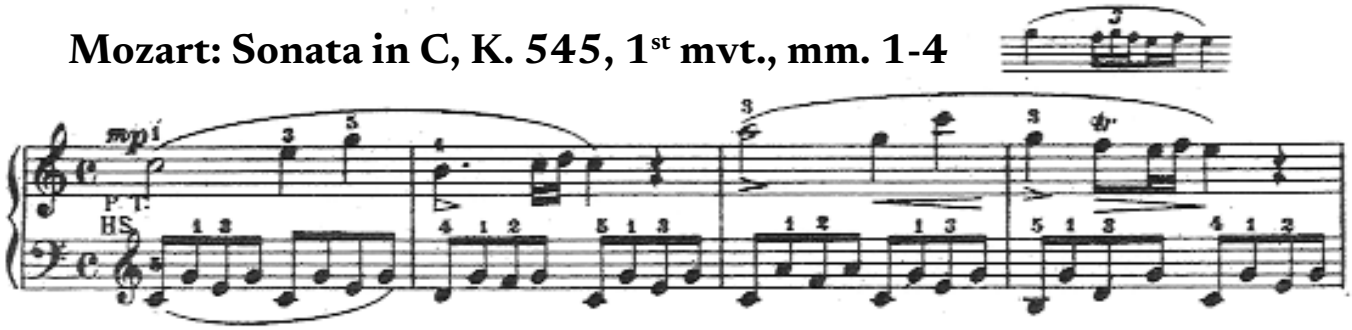
Beethoven: Sonatina in F, Anh. 5, mm. 5-9



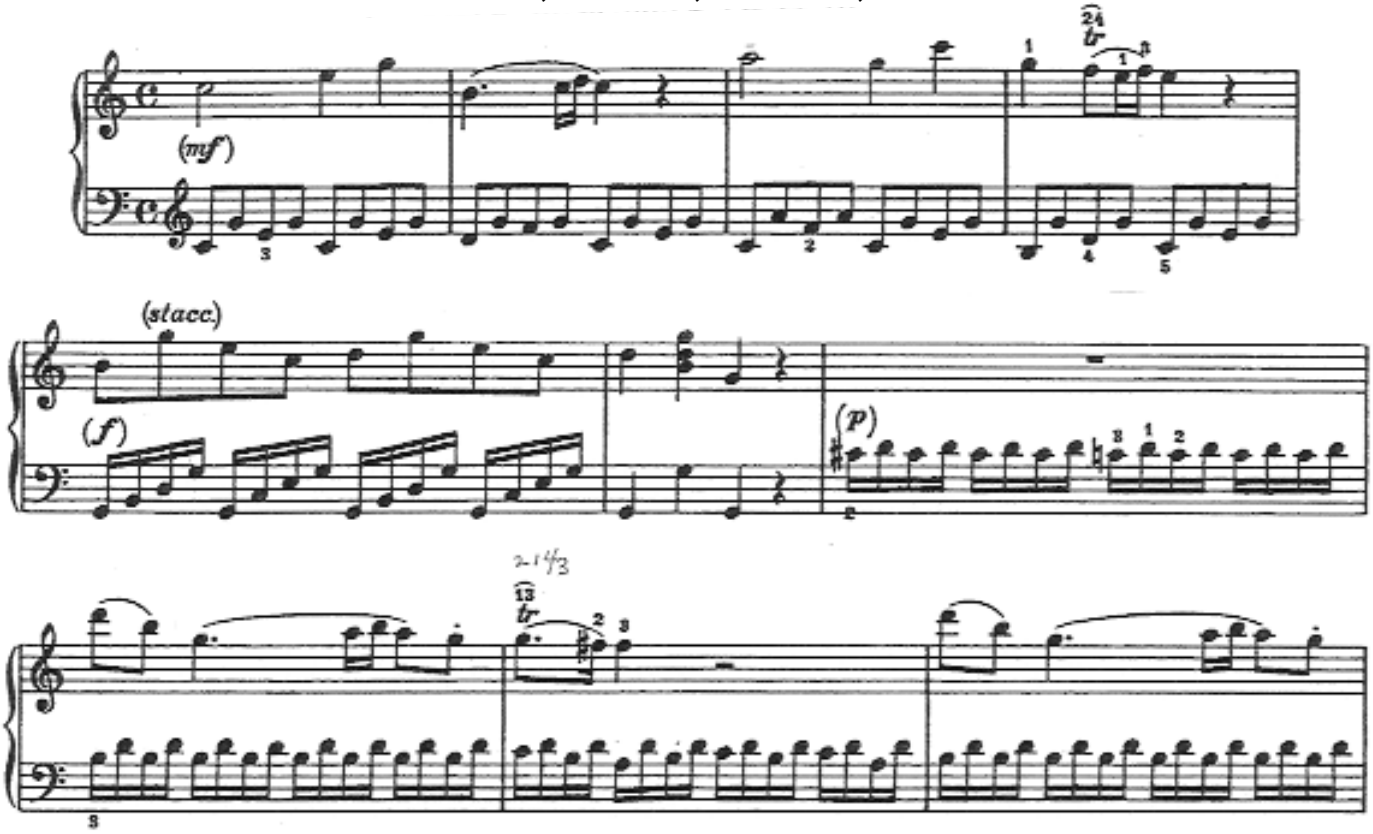
Clementi: Sonatina in G, Op. 36 No. 2, 3rd mvt., mm. 13-18 & 49-54



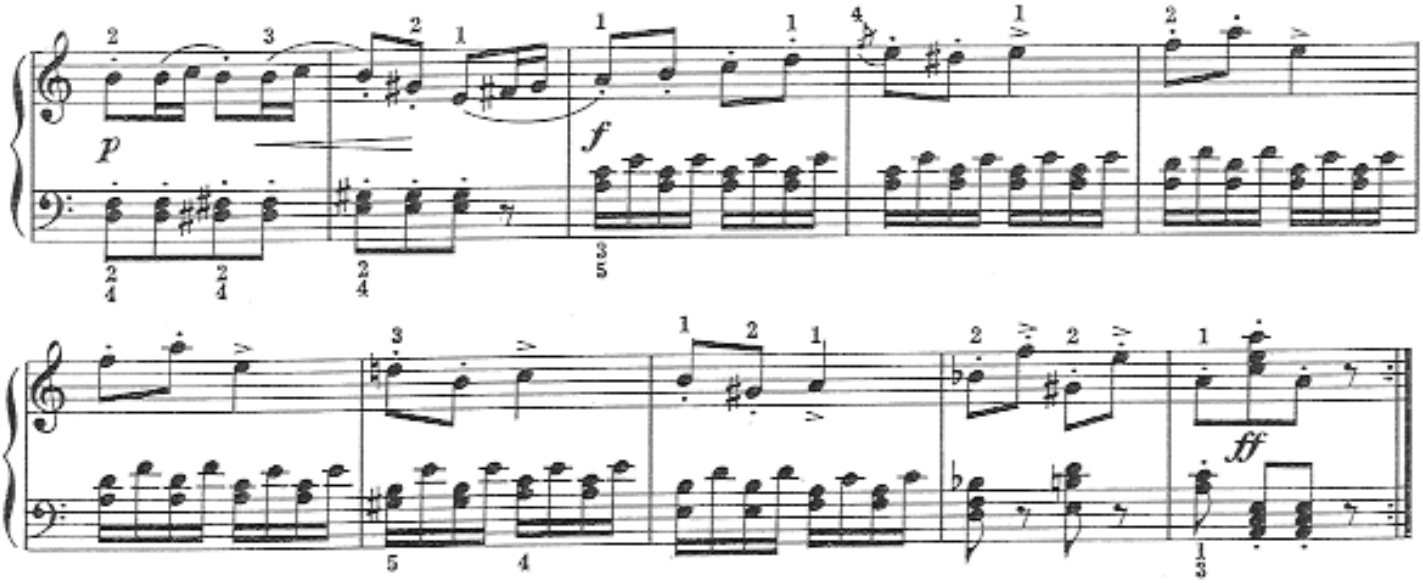
Mozart: Sonata in C, K. 545, 1st mvt., mm. 1-4



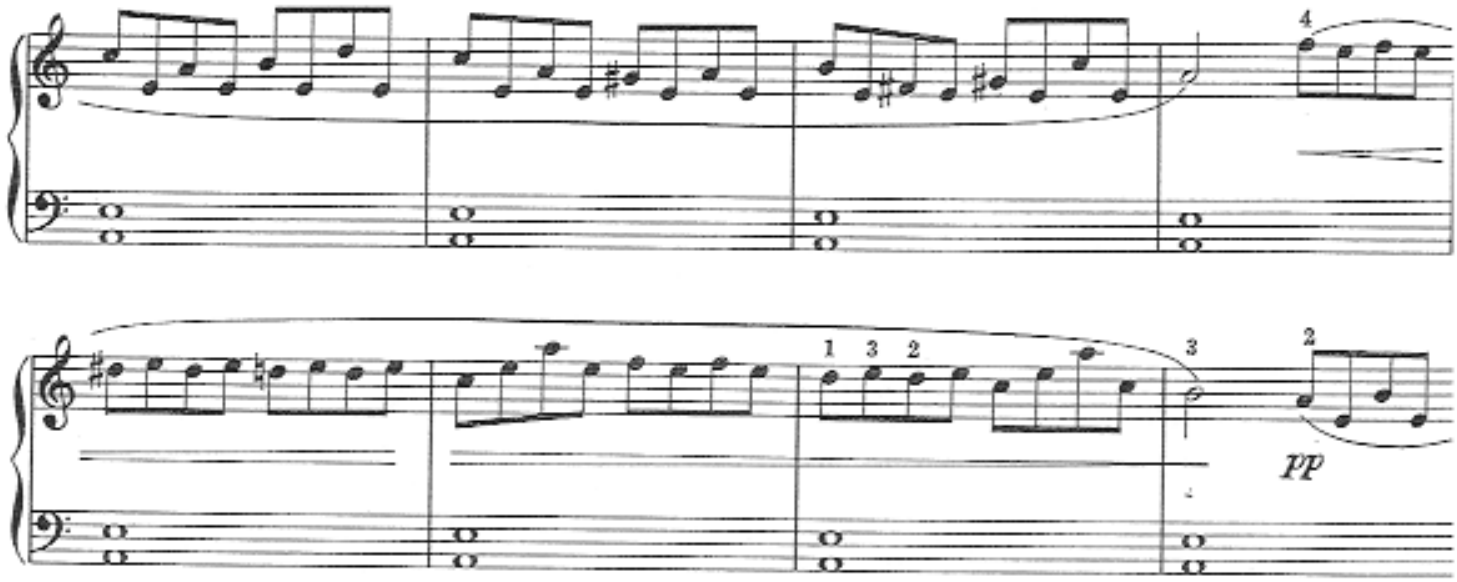
Mozart: Sonata in C, K. 545, 1st mvt., mm. 1-4 & 11-16



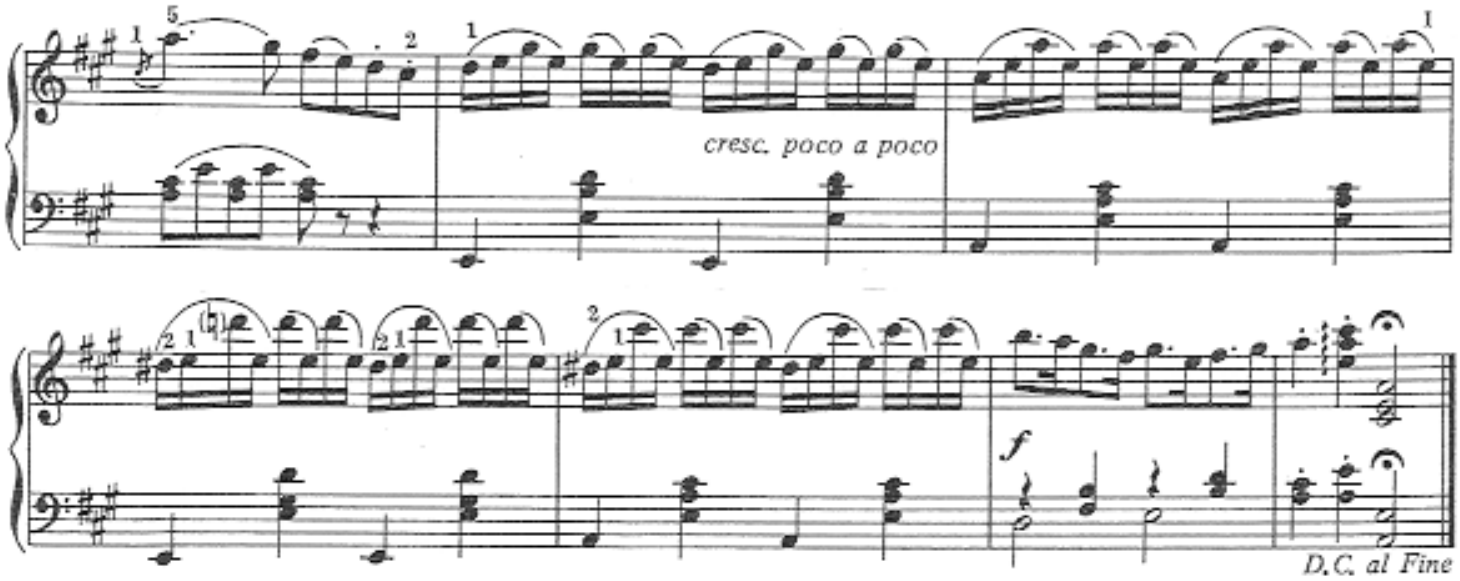
Diabelli: "Riding Cossacks," mm. 16-25 (Joy of First Classics Book 2)



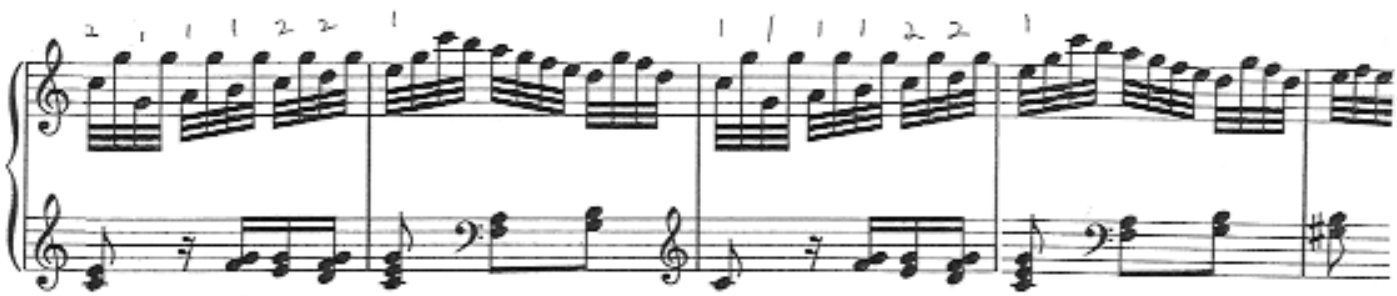
Reinecke: Gavotte & Musette from Serenade, Op. 183 No. 1, mm.32-39 (Joy of First Classics Book 2)



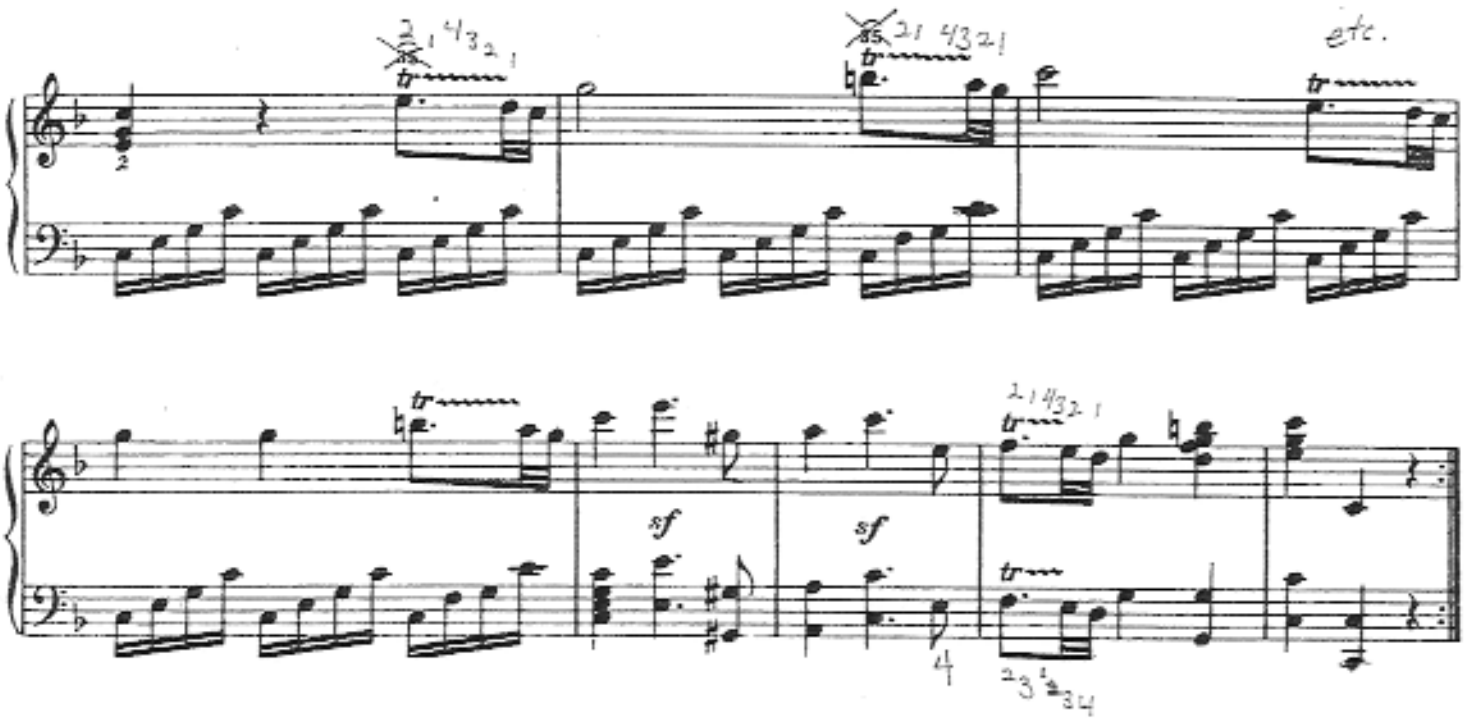
János Bihari: Verbunkos, mm. 33-39 (Joy of First Classics Book 2)



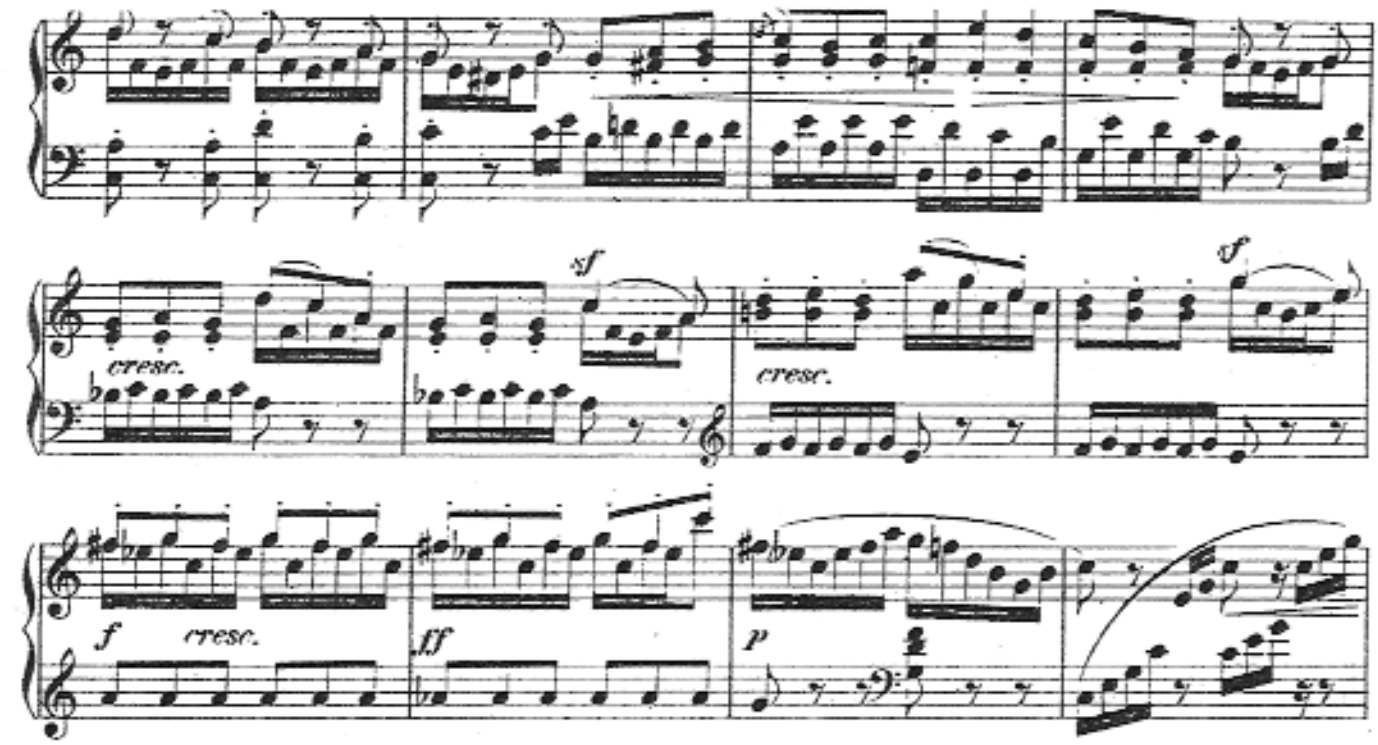
Beethoven: Für Elise, WoO 59, mm. 31-35



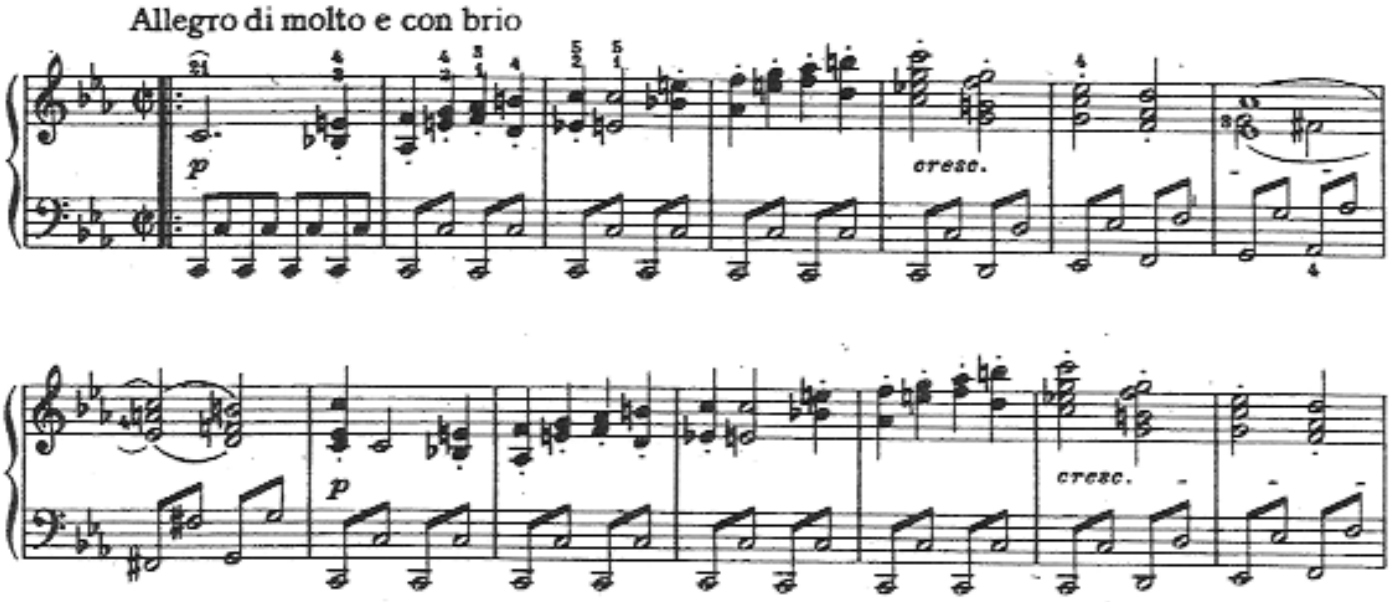
Mozart: Sonata in F, K. 332, 1st mvt., mm. 86-93



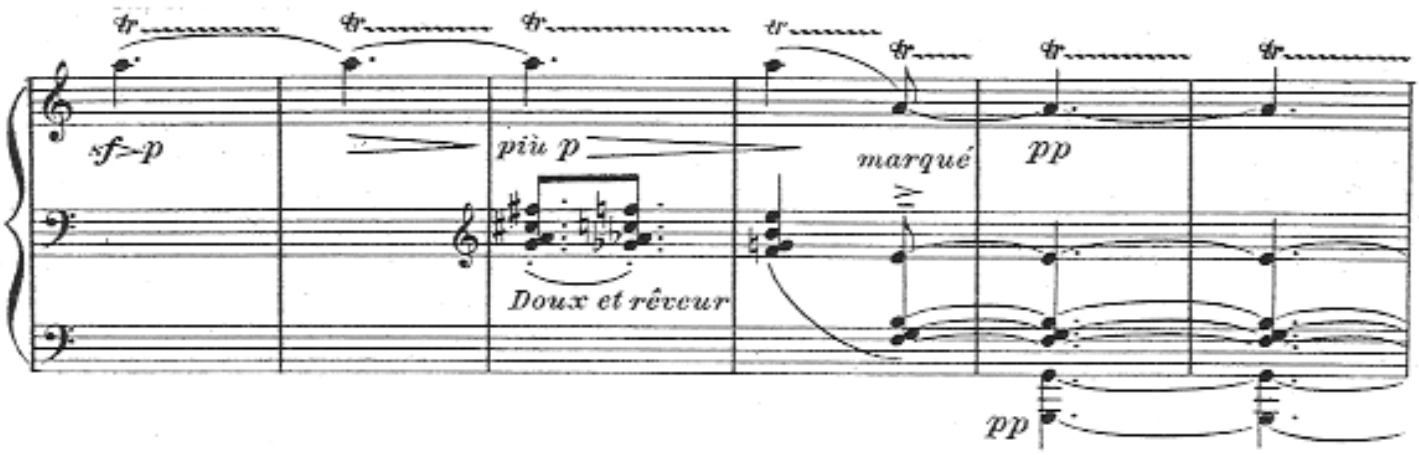
Mendelssohn: Lied ohne Wörter, Op. 67 No. 4 ("Spinning Song") mm. 65-76



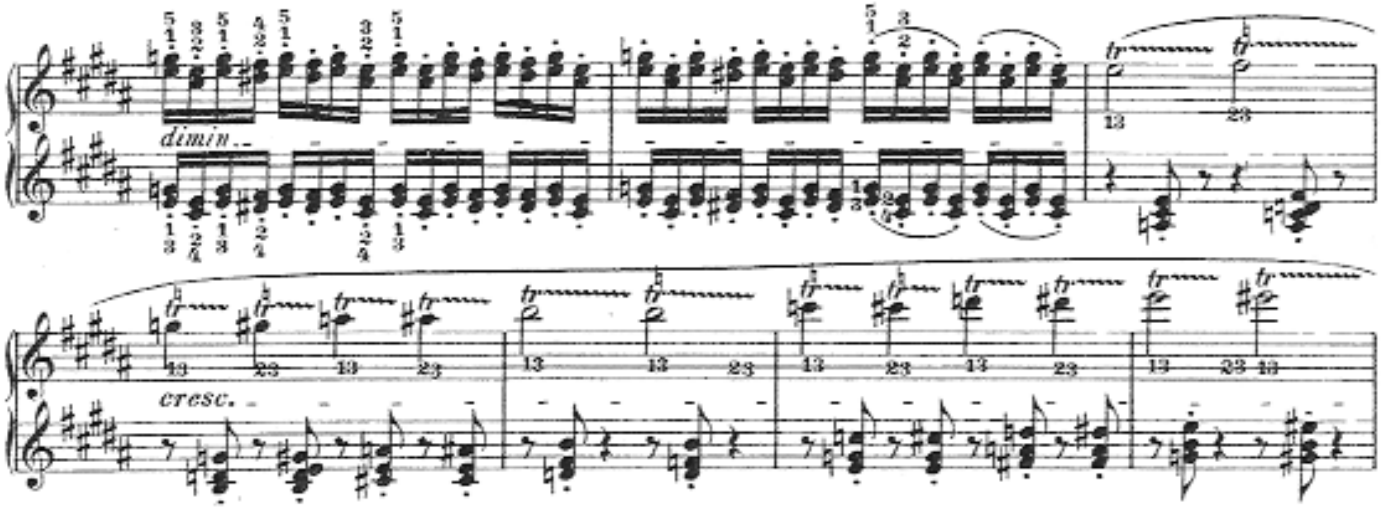
Beethoven: Sonata in C Minor, Op. 13, 1st mvt., mm. 12-25



Debussy: Les fées sont d' exquises danseuses, mm. 73-78

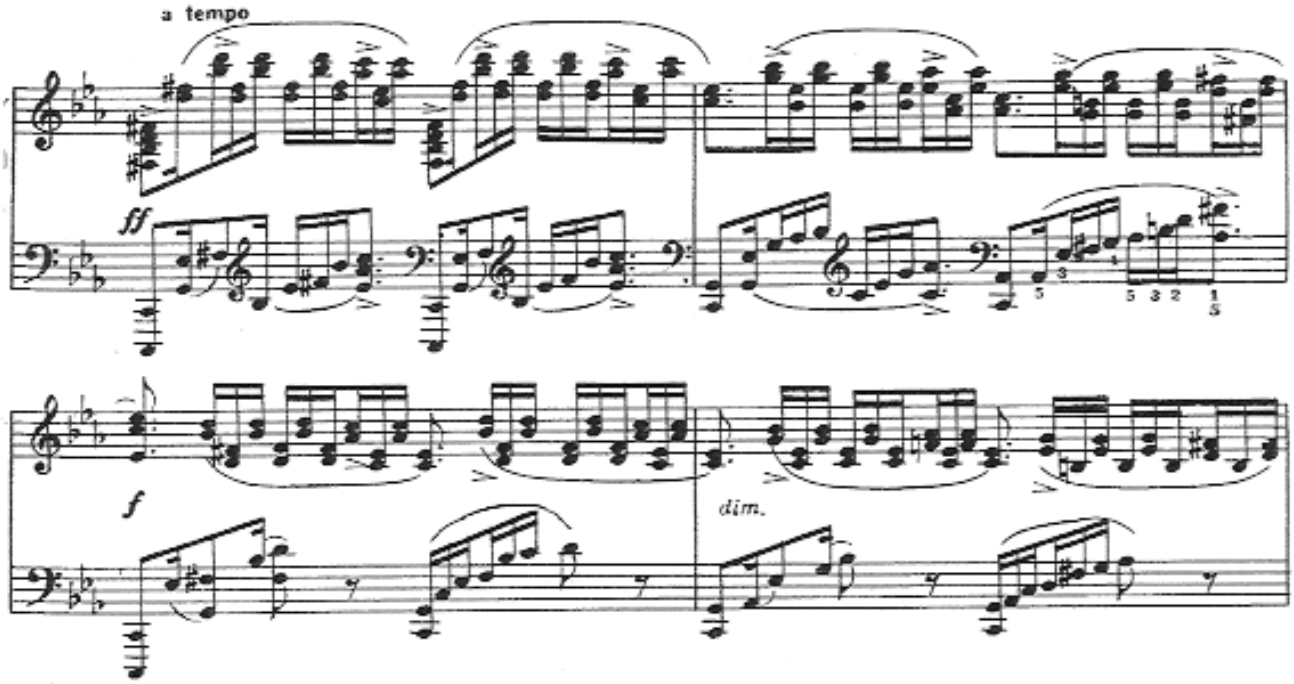


Beethoven: Concerto No. 5 in E-Flat, Op. 73, 2nd mvt., mm. 37-43

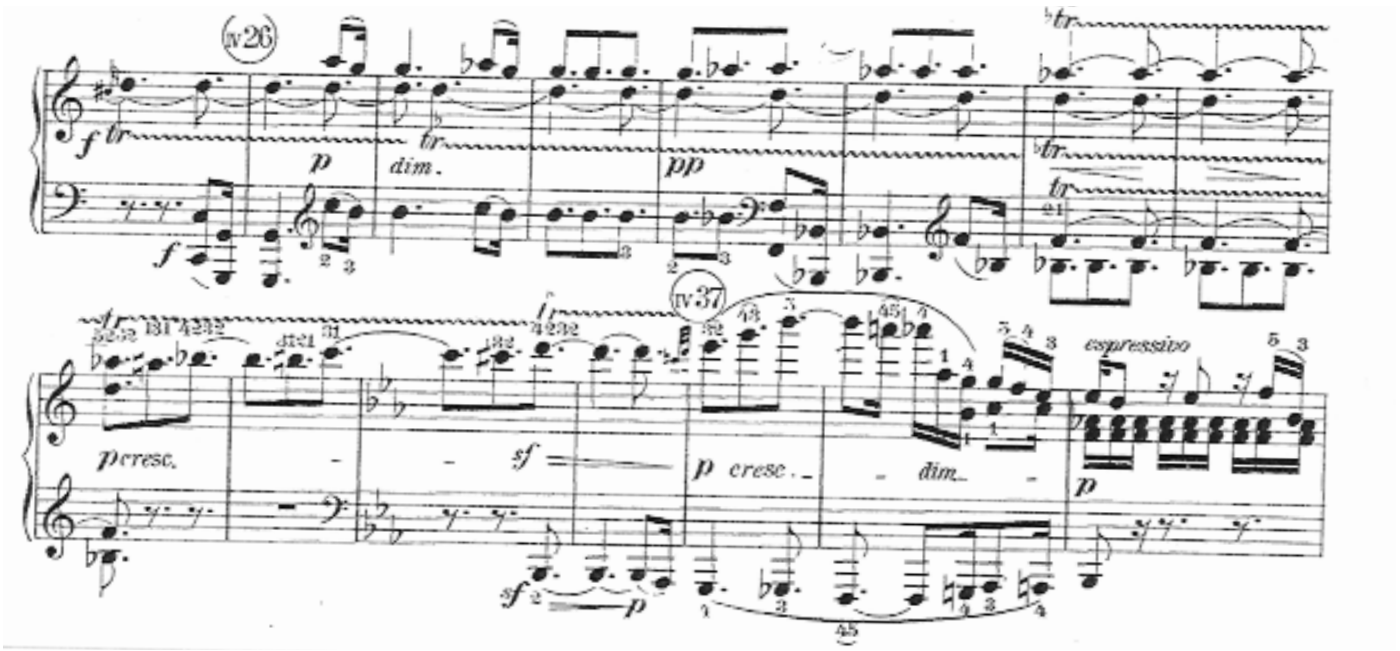


Beethoven: Concerto No. 4 in G, Op. 58, 3rd mvt., mm. 533-541

Rachmanioff: Etude-Tableau in C Minor, Op. 39 No. 1, mm. 67-70



Beethoven: Sonata in C Minor, Op. 111, 2nd mvt., mm. 106-120



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Sarah Lyngra
Piano Teacher,
Owner, Yellow Cat Music

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